

# JULY 2024



## Activity Calendar | Oak Hill Assisted Living Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Birthdays</b> 7/4 - Gaylan Bishop 7/5 - Emmagene Richards 7/6 - Bobbie Jeffries 7/7 - Fred Easterly 7/10 - Glinda Russell 7/11 - Murray Johnson	1 10:00 Resident Council Meeting (AR) 1:30 Bingo (AR) 3:00 Firework Paintings (AR)	2 10:00 Chair Yoga (AR) 1:30 Patriotic Trivia (AR) 3:00 Live Music w/ Matthew Ellwood (GR)	3 10:00 Basketball Toss (AR) 1:30 Poker Game (AR) 3:00 Afternoon Tea (GR)	4 Independence Day 10:00 Cup Pong (AR) 1:30 Movie: "A League of Their Own" (AR) 3:00 Trash (AR)	5 10:00 Chair Cardio (AR) 1:30 Bingo (AR) 3:00 Music & Coloring (AR)	6 10:00 Knitting Club (L) 2:00 Jigsaw Puzzles (AR)
7 10:00 Angier Baptist Church Sunday School & Service (AR) 2:00 Movie: "The Notebook" (AR)	8 10:00 Chair Volleyball (AR) 1:30 Bingo (AR) 3:00 Armchair Travel: Japan (AR)	9 10:00 Chair Pilates (AR) 1:30 Devotion w/ Pastor Rudy (AR) 3:00 Japan Trivia (AR)	10 10:00 Origami Craft (AR) 1:30 Music Ball (AR) 3:00 Afternoon Tea (GR) 6:00 Movie Night: "The Sandlot" (AR)	11 10:00 Mini Golf (AR) 1:30 New Resident Social (AR) 3:00 Wheel of Fortune (AR)	12 10:00 Chair Yoga (AR) 11:00 Outing: Smithfields BBQ (AR) 2:00 Bingo (AR) 3:00 Karaoke (AR)	13 10:30 Lighthouse Apostolic Church (AR) 2:00 Uno (AR)
14 10:00 Angier Baptist Church Sunday School & Service (AR) 2:00 Movie: "Fireproof" (AR)	15 10:00 Darts (AR) 1:30 You Be the Judge (AR) 3:00 Bingo (AR)	16 10:00 Chair Kickboxing (AR) 1:30 Trivia 3:00 Local Author: Nancy Lansdowne (GR)	17 10:00 Spa Treatment (AR) 1:30 Cornhole (AR) 3:00 Afternoon Tea (GR)	18 10:00 Chair Dance (AR) 1:30 Bible Study w/ Allen (AR) 3:00 July Birthday Party (AR)	19 10:00 Basketball Toss (AR) 11:00 Outing: Sherry's Bakery (AR) 2:00 Music & Coloring (AR) 3:00 Bingo (AR)	20 10:00 Knitting Club (L) 2:00 Crafts w/ Amy & Sam (AR)
21 10:00 Angier Baptist Church Sunday School & Service (AR) 2:00 Popsicles on the Patio (CY)	22 10:00 Five Second Rule (AR) 1:30 Music Therapy (AR) 3:00 Bingo (AR)	23 10:00 Chair Pilates (AR) 1:30 Guess that Movie (AR) 3:00 Rummikub (AR)	24 10:00 Mason Jar Craft (AR) 1:30 Chair Volleyball (AR) 3:00 Afternoon Tea (GR)	25 10:00 Group Crossword Puzzle (AR) 1:30 Music Ball (AR) 3:00 Phase 10 (AR)	26 10:00 Chair Yoga (AR) 11:00 Lunch Outing: Giuseppe's 2:00 Book Buddies (AR) 3:00 Bingo (AR)	27 10:00 Black Creek Church (AR) 2:00 Trash (AR)
28 10:00 Angier Baptist Church Sunday School & Service (AR) 2:00 Movie: "Bringing Up Baby" (AR)	29 10:00 Mini Golf (AR) 1:30 Devotion w/ Pastor Rudy (AR) 3:00 Bingo (AR)	30 10:00 Chair Cardio (AR) 1:30 Word Scramble (AR) 3:00 Operation Mail Call (AR)	31 10:00 Jeopardy! 1:30 Bowling (AR) 3:00 Afternoon Tea (GR) 6:00 Evening Bingo (AR)	<b>Birthdays</b> 7/13 - Shirley Wiggs 7/21 - Ronald Benjamin 7/21 - Myrtle Lovell 7/23 - Billy Yeargin 7/25 - John Lafabregue 7/26 - Victor Kovach	<b>Birthdays</b> 7/29 - Brenda Lee	